

Dear Parents and Carers,

It has been quite a week with three important themes!

We changed the whole school timetables on Monday to have playtime earlier so we could all join the country at 11:00 for the two-minute silence. There were some very proud children who shared how they had joined in the parade and services across Walsall on Remembrance Sunday, including Ted and Jackson. We are very proud of all our children who attended the special services.



On Tuesday, children looked brilliant with their colourful and very odd socks which caused much laughter and was a lot of fun, but also reminded us all of how special and unique everyone is. This day also launched anti-bullying week. The theme this year was 'Choose Respect'. We have spent time this week thinking about this word and what it really means. Children's responses were very thoughtful, some of their suggestions included:

- Caring and supporting each other
- Letting their friends choose
- Being careful with our own words and actions
- Treating others as we would want to be treated
- Not leaving anyone out
- Listening without interrupting
- Saying please and thank you
- Being kind



Please discuss the meaning of this important word with your child/ren and ask them how we can show this to everyone around us, including family members.

The week has ended with non-uniform for Children In Need for a donation of £1.00 through Scipay. Thank you everyone for your donations.

We have another non-uniform day next Friday in return for items for the Christmas Fair which is fast approaching. We ask every child in R to Y2 to bring in a wrapped chocolate bar (prizes) and every child in Y3 to Y6 to bring in a bottle for the tombola. We would also appreciate any unwanted gifts, any gift bags for the lucky dip, any 'unloved' teddies, in fact anything that is in good condition that we can sell at the Christmas Fair. Your support in this is really appreciated.



Don't forget that today is the last chance to book and pay for Christmas dinners so Mrs Mason can go shopping for the delicious ingredients!

Next week, includes a meeting for any Y5 families who would like to learn more about the Queen Mary Schools, 2CP are leading assembly, Y1 are heading out of school to explore toys from the past and we end the week with another non-uniform day for the Christmas Fair. Happy weekend Woodlands! Mrs Newton

## FANTASTIC ATTENDANCE LAST WEEK!

**2D achieved 97.9% and 3A achieved 99.3%**

Very well done to these children and their families.

These children deserve an extra playtime.



## IMPORTANT: CALLING ALL NURSERY PARENTS

Nursery parents please remember to complete the application form for your families choice for your child for their Reception Year. Your child **ISN'T** automatically given a place at Woodlands, you have to apply for a school place and this process is managed by Walsall Admissions.

This is really important because if you do not complete the form then the Local Authority will select a school for your child and it could be anywhere in Walsall or at a school that you may not want your child to go to.



The closing date is 15th January 2025. In order to apply, families must submit an on-line application through the Admissions web page of Walsall Council website: [Apply for a primary school place | Walsall Council](#)

### Information from the council

Walsall parents and carers are reminded to apply online and are encouraged to attend the council's drop-in sessions to receive any help or support.

If your child is starting reception in September 2025, you must apply online between 4 November 2024 and 15 January 2025. Children born between 1 September 2020 and 31 August 2021 are due to start reception in September 2025.

Parents/carers can visit the following drop-in sessions to meet a member of the team, who will be able to assist with their application:

Location: Willenhall Library

Date: Tuesday, 3 December 2024

Time: 9:30am - 12:30pm

Address: 1 Walsall St, Willenhall, WV13 2EX

Location: Darlaston Library

Date: Tuesday, 3 December 2024

Time: 1pm - 4pm

Address: 1 King Street, Darlaston WS10 8DE

Location: Lichfield Street Hub

Date: Wednesday, 4 December 2024

Time: 9am - 5pm

Address: Lichfield St, Walsall, WS1 1TR

Location: Blakenall Village Centre

Date: Thursday, 5 December 2024

Time: 1pm - 4pm

Address: 79 Thames Rd, Bloxwich, Walsall, WS3 1LZ

More information about school admissions can be found on the council's website: <https://go.walsall.gov.uk/schools-and-learning/school-admissions/apply-primary-school-place>



# Bag-a-breakfast



Whilst breakfast is no more, or less, important than any other meal, kick starting your day the right way IS important.

Breakfast is the opportunity to top up the energy stores used by your body overnight, and to provide essential nutrients such as fibre, vitamins and minerals.

Plus scientific studies have shown that eating breakfast might improve our mental performance, our ability to concentrate, and our mood – three great reasons to eat a healthy breakfast every day!

## Best breakfast drinks

Rehydrating first thing in the morning is vital, and water is always the best option. However milk, pure fruit juice, tea or coffee also supply fluid and, providing no additional sugar is added, provide a healthy option.

Just remember that even fresh fruit juice, and smoothies, contain natural sugars which will add energy to the diet and increase the risk of tooth decay so stick to one 150ml glass per day.



## I don't have time for breakfast!

Plan, plan, plan ahead. Set the table the night before, or make items in advance that you can simply grab from the fridge.

Beware high sugar pre-packaged breakfast items such as breakfast bars or cereal "drinks" – instead make your own by sprinkling granola on a yogurt, or eating a piece of fruit with some dry cereal.



## What if I don't want breakfast?

Some people just don't feel like eating as soon as they wake up; that's okay but, if you can, you should try and eat within a couple of hours of getting up.

Taking breakfast items on the go with you can help with this. Good choices could be a banana or a piece of malt loaf/fruit bread, or perhaps a yogurt with granola sprinkled on.



## Further information:

- [www.bda.uk.com/foodfacts/healthy\\_breakfast](http://www.bda.uk.com/foodfacts/healthy_breakfast)
- [www.phunkyfoods.co.uk/parent/bag-a-breakfast-parents-information/](http://www.phunkyfoods.co.uk/parent/bag-a-breakfast-parents-information/)
- For more healthy breakfast ideas and recipes visit [www.phunkyfoods.co.uk/recipes](http://www.phunkyfoods.co.uk/recipes)

[www.phunkyfoods.co.uk](http://www.phunkyfoods.co.uk)



# Bag-a-breakfast

Start EVERY day the right way!

Pin me up!

## 1 Base your breakfast on... Starchy Carbohydrates to re-fuel your body

### Choose one from:

- Bread, bagels, muffins, crumpets or crackers (choose wholemeal or seeded)
- Wholegrain breakfast cereals • Porridge



OR



## 2 Add some... Fruit and Vegetables to keep you healthy



OR



### Choose one from:

- Seasonal fresh fruit or tinned/frozen: Banana, satsuma, apricot, peach, grapefruit, melon
- 150ml of fresh fruit juice, homemade fresh fruit smoothie
- Dried fruit or pomegranate seeds on cereal
- Grilled tomatoes or mushrooms on toast

## 3 Include... Dairy & Alternatives for healthy teeth and bones



OR



### Choose one from:

- Dairy fruit smoothie with yogurt and/or milk (150ml)
- Low fat and low sugar yoghurt or fromage frais
- Serve your breakfast cereal with ice cold milk

\*Supercrunch-recipe on website

## Don't forget drinks

to rehydrate your body

### Choose one from:

- Semi skimmed milk – or skimmed milk for children over 5 years.
- 150ml of fresh unsweetened fruit juice
- A large glass of water



OR



## When you have a little extra time... Protein Foods for growth and repair

Beans on toast...



OR

boiled egg and soldiers



### Choose one from:

- Poached/scrambled eggs on wholemeal toast
- Mushroom and cheese omelette
- Baked beans on wholemeal toast

## If you're pushed for time try our...

### Grab & Go breakfast ideas!



### Choose one from:

- A scotch pancake, banana and water/milk
- Breadsticks, low fat cheese, grapes/apple and water
- Mini blueberry muffin, satsuma and water/milk

[www.phunkyfoods.co.uk](http://www.phunkyfoods.co.uk)



## WALSALL WINTER HOLIDAY PROGRAMME



### **Holiday free activities and fun for children who are entitled to Free School Meals or have an EHCP**

Parents need to ensure they have registered prior to booking the activities. You should receive a letter in the post with your child's unique HAF code.

If you haven't received a letter but believe your child is entitled then please contact Mrs Graham or Mrs Pedley or email [WR4C@walsall.gov.uk](mailto:WR4C@walsall.gov.uk) for your code. You will then need to register your child using this code on the website: [www.walsall.gov.uk/children\\_and\\_young\\_people/haf\\_signup](http://www.walsall.gov.uk/children_and_young_people/haf_signup)

The portal opens for booking activities opens on 20th November 2024. The best activities get booked first so we would advise parents to be ready to book on this date.

Winter Offer: Each child and parent can pick up to 4 activities over the period : 23rd December 2024 – 3rd January 2025. Activity dates are below:

23.12.24  
24.12.24  
30.12.24  
02.01.25  
03.01.25

We have a range of activities including pantomime, bowling, Santa's grottos, Horse riding, Swimming, Roller-skating Send activities and many more

### **So many children achieving out of school:**

Lots of children have been Players of The Match in their football games last weekend, including Callum, Ivy, Oliver, Ethan, Leo and Oliver.

Callum also came first at Go Karting and won a medal, Delilah achieved a certificate for wonderful dancing at The Pauline Quirke Academy, whereas Olivia has been earning awards in swimming and Luna-Rose achieved Beaver of the Week.

Ella-Rose undertook a sponsored walk to raise money for The Little Acorns Charity at The Arboretum.

### **There is lots to celebrate!**



## Who are the SUPERSTARS this week?



| Class | Name        | Reason                                                                                                                                                                                                                                 |
|-------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| NAM   | Grace       | Working hard on your fine motor skills and then applying those skills in PWAP to produce a lovely picture of an elephant and great pencil skill in beginning to form letters of your name.                                             |
| NPM   | Warren      | Working hard on your fine motor skills and then applying those skills in PWAP to produce a lovely picture of an elephant and great pencil control in tracing over your highlighted name.                                               |
| RG    | Sukhman     | Working hard in her maths learning. Sukhman was able to order and match numbers 1-5 with the correct quantities too                                                                                                                    |
| RJ    | Finley C    | For showing us your creative skills when you are drawing! You always think carefully about how your drawing will look and add extra detail to your pictures which make them so unique! You are a real Artist in the making! Well done! |
| 1W    | Mila-Rae D  | Fantastic work in Maths. Mila-Rae puts 100% effort into her Maths lessons. She applies her skills to help teach her peers and assist them with their number sentences. Well done Mila-Rae!                                             |
| 1S    | Harper G    | For fabulous ideas and contributions to discussions linked to our innovative writing based on Elmer. Super imagination Harper! Well done!                                                                                              |
| 2CP   | Ella-Rose B | A fantastic approach to learning. Ella-Rose always challenges herself by learning more and is a wonderful learning buddy – giving support and encouragement.                                                                           |
| 2D    | Lilian A    | For using excellent dictionary skills. Lillian searched for unfamiliar words from our story, 'Man on the moon' and found the words and their meaning. Well done Lilian!                                                                |
| 3A    | Arjun M     | For Arjun's hard work in maths last week to subtract two 3-digit numbers across a tens and hundreds boundary. Arjun showed resilience when completing all tasks. Well done Arjun!                                                      |
| 3G    | Holly M     | Always being ready to learn with a smile. Holly has made a super start this half term with our new learning in maths, our new text in RAID and our new writing plan.                                                                   |
| 4R    | Elijah NL   | For sharing his fantastic knowledge and learning about the Industrial Revolution. Well done Elijah.                                                                                                                                    |
| 4N    | Kitty W     | Settling so well in to 4N. You make a fabulous addition to our class.                                                                                                                                                                  |
| 5HO   | Harley H    | For making connections between books that he has read. Harley was able to comment on the facts in his history book about a war in Japan and how these events link to Kensuke's Kingdom. Well done Harley – excellent work J            |
| 5HA   | Wyatt B     | For his increased effort within his Maths lessons showing more determination to finish the challenges set.                                                                                                                             |
| 6P    | Eloise W    | Working really hard to improve her presentation. This is something Eloise has found tricky since the beginning of Year 6, but with an understanding of the importance of clear answers, Eloise is working hard to overcome this.       |
| 6E    | Amber H     | For carrying out her own research in her own time to support her history learning. You taught me a few things too! Amber truly embodies the meaning of the phrase seize every moment. I am so proud of you.                            |



## Dates on the horizon

|                              |                                                                                                                                                                            |
|------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tuesday 19th November        | 2:45, 2CP Class Assembly, parents invited                                                                                                                                  |
| Tuesday 19th November        | 4:00 Y5 Parents, Queen Mary Grammar Schools Information Meeting                                                                                                            |
| Wednesday 20th November      | Y1 visit to the Toy Museum                                                                                                                                                 |
| Friday 22nd November         | Non-Uniform Day for Christmas Fayre Items                                                                                                                                  |
| <b>Tuesday 26th November</b> | <b>1S Class Assembly, parents invited (postponed, new date to follow soon)</b>                                                                                             |
| Wednesday 27th November      | 11:00 Christmas Dinner for Y4 and a parent / carer                                                                                                                         |
| Wednesday 27th November      | Y2 visit to Black Country Living Museum                                                                                                                                    |
| Wednesday 27th November      | Evening Walsall Arena Performance by the choir                                                                                                                             |
| Friday 29th November         | Y2 workshops in school by the BCLM                                                                                                                                         |
| Friday 29th November         | 1:45 Y3 Parents invited to a Bag a Breakfast Workshop (Booked places only)                                                                                                 |
| Wednesday 4th December       | Christmas Fayre after school                                                                                                                                               |
| <b>Thursday 5th December</b> | <b>NHS Eye Tests for Y1 in school</b>                                                                                                                                      |
| Friday 6th December          | Y6 Flu nasal vaccination (and for children that missed the first vaccination)                                                                                              |
| Friday 6th December          | 9:00 Assembly 'The Wonderful World of Water' for Y4 and Y5                                                                                                                 |
| Wednesday 11th December      | 11:00 Christmas Dinner for Y3 and a parent / carer. Christmas dinner for all the school. Parents need to book their child's dinner through Scopay by Friday 15th November. |
| Thursday 12th December       | Y4 visit to The Black Country Museum (change in date)                                                                                                                      |
| Tuesday 17th December        | Y6 visit to the Theatre                                                                                                                                                    |
| Tuesday 17th December        | Christmas Performances: 9:15 Nursery & Reception. 2:00 Y1 & Y2                                                                                                             |
| Wednesday 18th December      | Christmas Performances: 9:15 Y1 & Y2. 2:00 Nursery & Reception                                                                                                             |
| Thursday 19th December       | Christmas Jumper and uniform day.<br>School closes at the end of the day for children                                                                                      |
| Friday 20th December         | Teacher Training Day                                                                                                                                                       |
| Monday 6th January           | School opens for everyone                                                                                                                                                  |
| Wednesday 8th January        | Y5 visit to Selly Manor                                                                                                                                                    |

## What's happening in the news this week?



**Let's have a look at this week's poster!**

**18th - 24th November 2024**

**Question of the week that we will be discussing in school and you can discuss at home too:**

## Why is discovery important?

**Our linking  
Woodland value is  
'inquisitive'**





## School Attendance Update

As parents are aware the national and local process for school attendance has changed since September 2024.

This affects children with low attendance, children who have absences without valid reasons (unauthorised absence) either in a block or over sporadic days, this also includes absence due to term time holidays.

As can be seen in more detail on the poster on the next page, the national changes are:

- The first 5 days (10 sessions) of unauthorised absence over a 10 week period will incur an £80 fine (per parent, per child) if paid straight away.
- The second time children have 5 days unauthorised absence over a period of 10 weeks, within 3 years of the first offence, could incur a fine of £160.
- The third time children have 5 days unauthorised absence over a period of 10 weeks, within 3 years of the first offence, could result in legal action that could mean a criminal conviction for the adult.

## Holidays in Term Time

We are unable to authorise holidays during term time, the process listed above is followed for term time holidays. Some families take holidays without informing the school hoping to avoid a fine. School policy is that if children are absent for longer than three days then Mr Fisher will undertake a home visit in order to carry out a safe and well check. Also, if children are absent for 5 days or longer then we urge families to gain medical evidence eg evidence of a GP visit. If a holiday is suspected and this includes children or friends talking about their holiday in school, then the absence will be referred to the Local Authority.

## Children below 90% Attendance

One of the things we do to help parents keep track of their child's attendance is every half term we send home an attendance letter for children who have attendance below 90% and for the children between 91-93% who are at risk of slipping into the Persistent Absentee group.

**If your child has had 4 days absence or more since September then your child will be below 90% and be classed as a Persistent Absentee**

Many of our parents work closely with us and we often know the reasons why a child has been absent, many of these absences cannot be helped and are authorised. Please do not worry if you receive a letter but you have kept in touch with the school and the absences are authorised.

If your child is below 90% then we shall require evidence for future absences and it is likely that Mr Fisher will undertake a Home Visit if your child is absent in order to help us authorise.

*Please note that Woodlands do not receive any money from the fines and also please be aware that if the fines aren't paid then the fine increases and Walsall do take families to court for unpaid fines.*

## From September 2024, the new National Framework for issuing penalty notices will apply.

Penalty Notice Fines will continue to be issued per parent per child.

For example: 3 Siblings absent for term time leave, would result in each parent receiving 3 separate fines.

1

### First Offence

The first time a Penalty Notice is issued for a Term Time Holiday or Irregular School Attendance the Penalty Notice will be charged at:

£160 per parent, per child paid within 28 days.

Reduced to £80 per parent, per child if paid within 21 days.

2

### Second Offence

(within 3 years of the First Offence)

Where it is deemed appropriate to issue a second Penalty Notice to the same parent for the same pupil within 3 years of the first notice, the second Penalty Notice will be charged at:

£160 per parent, per child paid within 28 days.

(Unpaid Penalty Notices after 28 days may result in a prosecution)

3

### Third Offence and any further Offences

(within 3 years of the First Offence)

The third time that an offence is committed for either a term time holiday and/or Irregular attendance, a Penalty Notice will not be issued, the case may be proceeded straight to prosecution under the Single Justice Procedure.

If found guilty of the offence of 'failure to secure their child's regular attendance at a school' the Magistrates can impose a fine up to £1,000.

### National Threshold

There will be a single consistent national threshold for when a Penalty Notice must be considered by all schools in England of 10 sessions (usually equivalent to 5 days) of unauthorised absence within a rolling 10-school week period.

These sessions do not have to be consecutive and can be made up of a combination of any type of unauthorised absence.

The 10-school week period can span over different terms and school years.



Walsall Council

PROUD OF OUR PAST OUR PRESENT AND FOR OUR FUTURE





PLEASE SUPPORT US BY DONATING ITEMS FROM OUR SHOPPING LIST

- |                                    |                                                  |
|------------------------------------|--------------------------------------------------|
| ★ TINNED MEAT (CHICKEN/HAM)        | ★ TINNED CUSTARD                                 |
| ★ TINNED VEGETABLES                | ★ MINCE PIES                                     |
| ★ TINNED POTATOES/MASH             | ★ CHRISTMAS PUDDINGS                             |
| ★ GRAVY / PACKETS OF STUFFING      | ★ SELECTION BOXES                                |
| • CARTONS OF LONG LIFE FRUIT JUICE | • TINNED READY MEALS (MEATBALLS/MACARONI CHEESE) |
| • CARTONS OF UHT MILK              | • TINNED FRUIT                                   |
| • CORDIAL/SQUASH                   | • SAVOURY RICE                                   |
| • SMALL JARS OF COFFEE             | • INSTANT NOODLES                                |
| • TEA BAGS BOX OF 40'S             | • ROLL ON DEODORANT                              |
| • TINNED FISH                      | • SHAMPOO                                        |
| • PASTA SAUCE                      | • SHOWER GEL                                     |
| • TINNED CHOPPED TOMATOES          | • TOILET ROLL                                    |
| • BREAKFAST CEREAL                 | • BARS OF SOAP                                   |



PLEASE SCAN THE QR CODE TO RECEIVE A WEEKLY REMINDER OF OUR SHORTAGES LIST ON YOUR SHOPPING DAY



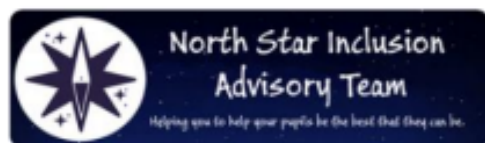
### Do you have any extra Advent Calendars?

Staff are collecting Advent Calendars in School for the Food Bank.

The Food Bank will collect them from Woodlands by 22nd November, so if you have any spare ones please drop them into the food bank box in the foyer and they can join our staff donations too.



# Information from parents or external local groups that have asked Woodlands to share with the school community



## AET North Star Federation-Walsall LA Hub 2024-2025

### **FREE Family Support Sessions**

Please note, Families can attend who might be awaiting/suspect a diagnosis, seeking the 'right support at the right time'.

#### **Family Sessions Early Years (0-5 +/-2years)**

##### **Making Sense of Autism**

16<sup>th</sup> September 2024 09:30 – 11:00  
11<sup>th</sup> November 2024 13:00 – 14:30  
14<sup>th</sup> January 2025 09:30 – 11:00  
06<sup>th</sup> March 2025 09:30 – 11:00  
01<sup>st</sup> May 2025 13:00 – 14:30  
02<sup>nd</sup> July 2025 13:00 – 14:30



**Developed by  
leading autism  
specialists**

#### **Family Sessions Schools (5-16+-4 years)**

##### **Making Sense of Autism**

16<sup>th</sup> September 2024 13:00 – 14:30  
12<sup>th</sup> November 2024 09:30 – 11:00  
13<sup>th</sup> January 2025 13:00 – 14:30  
07<sup>th</sup> March 2025 09:30 – 11:00  
02<sup>nd</sup> May 2025 13:00 – 14:30  
02<sup>nd</sup> July 2025 09:30 – 11:00



**Up to date  
with the latest  
research**

#### **Family Sessions Post 16(14 and beyond +/- 2 years)**

##### **Making Sense of Autism**

17<sup>th</sup> September 2024 09:30 – 11:00  
14<sup>th</sup> November 2024 13:00 – 14:30  
15<sup>th</sup> January 2025 09:30 – 11:00  
06<sup>th</sup> March 2025 13:00 – 14:30  
20<sup>th</sup> May 2025 13:00 – 14:30  
03<sup>rd</sup> July 2025 09:30 – 11:00

**Venue:** Rushall Primary School, Pelsall Lane, Walsall, WS4 1NG

**Booking:** Please book via [www.bookwhen.com/niat](http://www.bookwhen.com/niat)

**Enquiries:** Contact Samantha Harrison at North Star Inclusion Advisory Team on 01922 682300 Opt 3 or email [Samantha.harrison@northstarfederation.org.uk](mailto:Samantha.harrison@northstarfederation.org.uk)

**Parking:** Please be aware if your session starts at 09:15 do not arrive on site before 09:00am. The carparks will not be available to you before 09:00am.

**Due to construction work please use the first carpark on THE left of the drive (opposite the fields)**

**FREE sessions suitable for all to attend.**

**Training suitable for Families, settings and professionals to attend.**

#### **Autism and Anxiety**

13<sup>th</sup> November 2024 09:15 – 12:15  
07<sup>th</sup> March 2025 13:00 – 16:00  
20<sup>th</sup> May 2025 09:15 – 12:15

#### **Autism and Inclusion**

13<sup>th</sup> November 2024 13:00 – 16:00





TRAIN TO TEACH WITH  
**BBSCITT**

# TEACHING INTERNSHIPS

earn £1275 for a  
3 week internship



**Are you an undergraduate looking to find out if a career in teaching maths, physics, chemistry, computing or a foreign language\* is for you?**

\*we offer foreign language places for those wishing to teach Spanish, French or German

Undergraduates looking to teach maths, physics, chemistry, computing or a foreign language\* at any stage within their undergraduate or masters degree may participate in the Teaching Internships Programme.

The 3 week programme will commence on Monday 16th June 2025

The internship will give you a real insight into what it is like to be a teacher. You will shadow some of our most accomplished teachers, work with pupils to support their learning and even get a chance to try your hand at some teaching as well!

## Application Form



**Participating placement schools can be found on our website.**

You can find out more here:

 [www.careerinteaching.co.uk](http://www.careerinteaching.co.uk)

## Further information



Email Michael (SCITT Director)  
[meszrenyi@matrixacademytrust.co.uk](mailto:meszrenyi@matrixacademytrust.co.uk)







# OPEN DAY

**TUESDAY 26 NOVEMBER**  
4PM - 8PM

Pre-register for an Open Day now!  
[www.walsallcollege.ac.uk/planmyvisit](http://www.walsallcollege.ac.uk/planmyvisit)



☎ 01922 657000

💻 [www.walsallcollege.ac.uk](http://www.walsallcollege.ac.uk)

**DISCOVER**  
YOUR POTENTIAL

**SHOE BOX APPEAL**

**SUPPORT SOMEONE IN NEED TODAY**

MLSS is requesting you to prepare a shoebox of gifts for someone who is facing homelessness or hardships. Items such as:

**Please do not wrap the shoe boxes as they will be gifted with other things and may need to be opened.**

| Toiletries        | Treats                 | Other        |
|-------------------|------------------------|--------------|
| Shampoo           | Chocolates             | Small towels |
| Conditioner       | Sweets                 | Hats         |
| Shower gel        | Crisps                 | Gloves       |
| Wet wipes         | Biscuits               | Underwear    |
| Toothbrush        | Soup                   | Socks        |
| Comb              | Drinks                 | Thermals     |
| Hair brush        | Biscuits               | Torches      |
| Toilet paper      | Crisps                 |              |
| Disposable gloves | Vegetarian tinned food |              |
| Gloves            | Tea                    |              |
| Deodorant         | Coffee                 |              |
| Roll on           |                        |              |
| Moisturiser       |                        |              |
| Hand cream        |                        |              |

Contact Sharon - 01922 666366  
Hub London - 0800 255005  
MELANGLANGAR@MLSS.ORG  
UK charity number: 106695