

Woodlands Academy of Learning

Thursday 19th November 2026

Dear Parents and Carers,

Y6 Daily Swimming Lessons

The Pop Up Pool and Aspire Active Education Ltd will be back, but this time at the end of the autumn term, the pool will be based on the KS1 playground just like last year. Year 6 will have the opportunity to have daily swimming lessons for three weeks until the end of term.

The lessons will begin in Y6 on Monday 30th November. Therefore, children will need to bring in their swimming kit on a daily basis from that date for three weeks. Children will be taught in small groups of a similar ability for 45 minutes every day.

The National Curriculum states every child should leave primary being able to

- Demonstrate safe self-rescue and evidence of this in different water-based situations.
- Swim confidently, competently and proficiently over a distance of at least 25m
- Perform a range of strokes confidently and competently

What to wear for swimming?

- Girls to wear a one-piece swimming costume.
- Boys to wear swimming trunks or swimming shorts (above the knee).
- Children may choose to wear rash vests and or leggings for modesty if they wish.
- Goggles may be worn but remain the responsibility of the individual wearer.
- Long hair must be tied back and a swimming hat must be worn by all children
- Jewellery (except for an SOS talisman) is not permitted during school swimming lessons i.e. earrings, bracelets, necklaces, waterproof watches, rings etc.
- Please ensure your child also brings a towel with them.
- Children will also need footwear to walk from changing space to pool side. We suggest flip flops or crocs or sliders. Footwear that is easy to slide on and off.

Due to the time of year, children will get changed in a designated room inside the school building. Children will then be able to slip on their footwear, wrap a towel around them and a coat, to walk the very short distance to the pool.

Swimming caps are available to buy from the school office for £4.00 each, but children can wear a swimming hat from any retailer.

We hope your children will enjoy this exciting opportunity and it will enable all our children to develop their important, and possibly lifesaving, swimming skills.

Yours sincerely,

T G Newton, Headteacher